



# STRAFFORD COUNTY SERVICE GUIDE

A LISTING OF STRAFFORD COUNTY SERVICES & AGENCIES.

COMPILED BY:  
ROCHESTER HOUSING AUTHORITY

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## **Section 8 or Housing Choice Voucher**

Section 8 or the Housing Choice Voucher Program (HCV); also referred to as a Tenant Based Voucher, is a federal housing program providing assistance to low income and very low-income renters limiting the monthly rent payment for the voucher recipient.

To qualify, you must be a low-income person or an extremely low-income person (below 50% of the area median income). This program is available through agencies in various communities as well as the NH Housing Finance Authority. The Rochester Housing Authority is the agency representing Rochester. Each housing authority has its own variable policies and procedures that comply with HUD regulations.

Rental payments are based on your income. The HCV will pay anything above 30% of your adjusted monthly income up to an established fair market rent for the area. The formula for establishing tenant rents varies according to many factors, such as the number of dependents, medical expenses, and utility costs.

The wait period for a Section 8 voucher or HCV varies. Historically there has been great interest in this program, and the wait period has been years. Some housing authorities will even close their wait list because of the expected wait time.

The information regarding the status of the wait list, either open, or closed, will be advertised in the local newspaper on the appropriate dates prior to the list opening or closing.

## **Project Based Housing Vouchers**

Any qualified person or family on the Rochester Housing Authority Project Based Voucher waiting list interested in moving into a specific project that has been awarded Project Based Vouchers (or PBV's), may apply. The owners of the property select families for a particular unit after screening each family, as units become available.

Owners of apartment communities have to be awarded PBV's from an agency and enter into an agreement for a specific term. The vouchers can float in a building, but they cannot exceed the number of awarded vouchers.

**Under the tenant-based HCV**, the RHA issues an eligible family a voucher and the family select a unit. If the family moves out, the contract with that owner ends, and the family can move with continued assistance to another unit, providing that they continue to meet the requirements of the program. **Under the PBV program**, the RHA enters into an assistance contract with the owner for specified units for a specified term. The RHA refers families from its waiting list to the project owner to fill vacancies. Because the assistance is tied to the unit, a family who moves from the project-based unit does not have the right to continued housing assistance. However, they may be eligible for a tenant-based voucher when one comes available.

## **Elderly or Disabled Housing**

HUD provides assistance to the designated agency, to provide affordable housing for the elderly, disabled, or mixed elderly disabled. Single family homes do not qualify.

Applicants must pass several background checks to be eligible. Age, and/or disability, must be verifiable; the RHA has set an age minimum of 62 to qualify as elderly, and 18 for disabled.

Rent for elderly and disabled units are approximately 30% of the household income. The household's gross income is the amount of income for *all* members of the household. HUD rules allow for some deductions to be made, such as for the elderly, or disabled. Some medical deductions can also be adjusted from your gross income for the purpose of calculating rent.

## **Family Housing**

**Family Housing is different from Section 8 in that it makes available affordable housing in a multi-family development owned by the Housing Authority.** The application procedure and rules and regulations are the same as those that apply to all public housing programs pertaining to the eligibility. The rent fee is also approximately 30% of the gross family income. **It differs from Section 8 in that the subsidy provided is only useable in the designated multi-family development. It is not transferable.**

The most significant difference between Section 8 and public housing authorities owns and maintain the public housing developments. They manage the HUD funding of Section 8 as well as the tenants in Section 8 apartments. The actual ownership of the apartment is private.

### **Where do I apply?**

To apply for **Emergency Rental Assistance**, contact the **New Hampshire Finance Authority (NHHFA)** by phone and request an **emergency rental declaration form**. They can be reached at **603-472-8623** or find the form on their web page **nhhfa.org**.

You can also write them at **P.O. Box 5087, Manchester, NH 03108**.

To apply for HUD housing through a local housing authority, contact the agency in your city or town. You may apply at multiple authorities, but the local authority gives priority to local residents. **If there is no authority in your area, be sure to contact the NH Housing Authority which prioritizes by date.**

### **When landlords default on their mortgage**

State and local laws regarding the foreclosure process and tenant eviction vary throughout the country. Some states hold that as long as a tenant is in good standing and paying their rent, they cannot be evicted. There is no such statute in New Hampshire where the owner, lessor or mortgage holder may evict the tenant or lessee after notice in writing. A landlord must send to the tenant, in writing, a notice to quit the premises specifying the reason for the eviction. In New Hampshire, tenants can be evicted for almost any reason.

Five good causes for eviction are:

1. Failure to pay rent
2. Damages
3. Behavior affecting the health and welfare of others
4. Lease violation
5. "Good Cause" which may include legitimate business reasons of the landlord

The time frame for an eviction is 30 days. (NH RSA 540 Eviction or NH RSA 479 Foreclosure). For assistance in an eviction process, and to learn more about your legal rights and options contact **NH Legal Aid at 800-639-5290 or 603-224-3333**.

## Cell Phone Assistance

<b><u>Assurance Wireless:</u></b>	<a href="http://www.assurancewireless.com">http://www.assurancewireless.com</a>	888-321-5880 888-898-4888 To Apply
<b><u>Access Wireless:</u></b>	<a href="http://www.accesswireless.com">http://www.accesswireless.com</a>	866-594-3644 Existing Customers 866-900-5899 New Customers
<b><u>Safelink Wireless:</u></b>	<a href="http://www.safelinkwireless.com">http://www.safelinkwireless.com</a>	800-723-3546

## Children's Services

<b>Community Action Partnership of Strafford County</b>	<a href="https://www.traffordcap.org">https://www.traffordcap.org</a>	603-435-2500
<b>Childcare Centers:</b>	Farmington Children's Center Dover Children's Center	603-755-2283 603-742-7267
<b>Early Head Start:</b>		603-652-0990
Locations:	Dover Children's Center Farmington Children's Center Rochester Child Care Somersworth Early Learning Center	
<b>Head Start:</b>		603-652-0990
Locations:	Dover Head Start Farmington Head Start Rochester Head Start Somersworth Head Start	
<b>Division of Children, Youth and Family Services (DCYF)</b>	<a href="https://www.dhhs.gov/dcyf">https://www.dhhs.gov/dcyf</a>	800-862-5300 603-332-9120
<b>NH Child Care Resource &amp; Referral Network (NHCCR&amp;R)</b>	<a href="https://nh.childcareaware.org">https://nh.childcareaware.org</a>	603-578-1386 Ext. 2531

## Domestic Violence & Sexual Abuse Assistance

<b><u>Dove-Domestic Violence Project Outreach: (24 Hour Hotline)</u></b>		888-314-3683
Free emergency referrals for income eligible victims of domestic violence – limited representation at hearings, supportive counseling, and safety planning.		
<b><u>Haven: (24 Hour Hotline)</u></b>	<a href="https://www.havennh.org">https://www.havennh.org</a>	603-994-7233
Provides 24/7 services to anyone affected by domestic abuse, sexual violence or stalking. In addition, supports the friends and family of survivors.		

## Domestic Violence & Sexual Abuse Assistance (cont.)

**NH Coalition Against** <https://www.nhcadv.org> 866-644-3574  
NH Coalition Against Domestic and Sexual Violence is committed to ending domestic 24 Hr. Hotline  
and sexual violence. 603-224-8893

**Sexual Assault Support Services** <https://www.sassnh.org> 888-747-7070  
24 Hr. Hotline  
603-332-0775

**Sexual Harassment & Rape** <https://www.unh.edu/sharpp> 888-271-7233  
**Prevention Program** 603-862-7233

### Elderly Assistance

**Bureau of Elderly & Adult Services (BEAS):** 603-271-9203  
<https://www.dhs.nh.gov/dcbcs/beas> 800-351-1888

Provides a variety of social and long-term support for adults age 60 and older and to adults between the ages of 18 and 60 who have a chronic illness or disability.

### Community Action Partnership

**Senior Transportation:** <https://straffordcap.org> 603-817-8207

Provides door-to door, on demand transportation for Strafford County residents aged 60 and over.

**Community Partners:** <https://communitypartners.org> 800-454-0630  
603-516-9300

Provides a variety of services that assist seniors and/or family members in managing their independence and healthcare needs.

**Cornerstone VNA:** <https://cornerstonevna.org> 603-332-1133  
800-691-1133

Provides personal, attentive home, health and hospice care to New Hampshire and Maine.

**Dover Rehabilitation** <https://www.dovercenterrehab.com> 603-742-2676  
**& Living Center**

**Meals on Wheels:** <https://straffordmealsonwheels.org> 603-692-4211

Providing nutritious and delicious home-delivered meals and fostering independence for seniors and people with disabilities.

**NH Care Path:** <https://www.nhcarepath.dhhs.nh.gov> 866-634-9412  
Connects individuals to a full range of community services and supports.

## Elderly Assistance (cont)

### NH Commodity Supplemental

603-332-4358

### Food Program:

800-942-4321

Provides free food and nutrition information to promote good health for Seniors age 60 and over.

### N.H. Senior Education Network: [www.nhsen.org](http://www.nhsen.org)

603-483-8999

NHSEN provides a variety of services that assist seniors and/or their family members in managing their independence and healthcare needs.

### ServiceLink:

<https://www.servicelink.nh.gov>

866-634-9412

603-332-7398

Connects individuals to supports and services that they may need.

### Senior Living Assistance: <https://www.aplaceformom.com>

866-750-5930

Helps families find assisted living and senior care. Free information and referral service pertaining to all aspects of senior housing, assisted living, in home care and many other programs for the elderly as well as veterans. If you do not have a computer, you may also call Amy Gaskins at 866-531-1032.

## Emergency Services

**211: New Hampshire Help Line:** <https://www.211nh.org>

211

**911:** Ambulance/Fire/Police

911

### Crisis Hotlines:

**Bureau of Disease Control** <https://www.dhhs.nh.gov>

800-852-3345  
Ext. 4496

**Consumer Product  
Safety Hotline:** <https://www.cpsc.gov>

800-638-2772

**Northern New England  
Poison Center** <https://www.nnepc.org>

800-222-1222

## Employment Assistance

**Community Action Partnership of Strafford County Workforce Development** <https://www.traffordcap.org/workforce-development> 603-740-1021

**Community Action Partnership of Strafford County Workplace Success:** <https://www.traffordcap.org/workplace-success> 603-285-9464

**NH Department of Employment Security (NHES):** <https://www.nhes.nh.gov> 800-995-8117  
603-742-3600

**NHES NH Works:** <https://www.nhworks.org> 603-742-3600

## Family Assistance

**2-1-1NH:** <https://www.211nh.org> 211  
866-444-4211

211 NH is the connection for New Hampshire residents to the most up to date resources they need from specially trained Information and Referral Specialists.

**Bureau of Child Support Services:** <https://www.dhhs.nh.gov> 603-332-9120  
800-862-5300

In New Hampshire, the Bureau of Child Support Services (BCSS) helps families establish and/or enforce support orders - both medical and financial.

**Bureau of Family Assistance** <https://www.dhhs.nh.gov/dfa> 603-332-9120  
800-852-3345  
Ext. 9700

**Community Action Partnership of Strafford County:** <https://traffordcap.org> 603-435-2500  
Ext. 8108

HOME VISITING Our Home Visiting programs help families, by providing support and knowledge in a variety of areas from the comforts of your home.

**Community Partners:** <https://communitypartnersnh.org> 800-454-0630  
603-516-9300



## Family Assistance (cont.)

**Department of Education**                      <https://www.education.nh.gov>                      603-436-8884

**New Hampshire Vocational Rehab:**

Provides rehabilitative services to aid an individual's return to gainful employment through training, medical treatment, on the job training, transitional employment, job placement and counseling.

**Families First:**                                      <https://www.familiesfirstseacoast.org>                      603-422-8209

Affordable primary health care for all ages; parenting and family programs; prenatal care; dental care; mobile health care for the homeless; open to everyone insured or uninsured and all income levels.

**NH Care Path:**                                      <https://www.nhcarepath.dhhs.nh.gov>                      866-634-9412

**NH Catholic Charities:**                      <https://www.cc-nh.org>                      603-332-7701

Catholic Charities New Hampshire is a statewide social and human services nonprofit supporting individuals and families in need.

**NH Department of**                                      <https://www.dhhs.nh.gov>                      603-332-9120

**Health & Human Services (DHHS):**                      800-862-5300

The New Hampshire Department of Health and Human Services (DHHS) is responsible for the health, safety and well-being of the citizens of New Hampshire.

**NH Easy:**    <https://nheasy.nh.gov>                      844-275-3447

**Gateway to Services:**

The Division of Family Assistance offers online services through NH EASY Gateway to Services, New Hampshire's Electronic Application System.

**Share Fund:**                                      <https://www.sharefund.org>                      603-335-0011

Provides various types of material and financial support to families and individuals in need during emergencies or times of severe hardship.

**Strafford County**                                      <https://scfjc.com>                      603-509-1916

**Family Justice Center:**

The SCFJC provides wrap-around services and coordinates co-located partners to provide support and services to victims of domestic violence, sexual assault, elder abuse, stalking and human trafficking.

**Victims Inc.**    <http://www.victimsinc.org>                      603-335-7777

The mission of VICTIMS, INC. is to complete the circle of services for victims, from onset of trauma through healing. *All services are free.*

## Financial Assistance

### Emergency Cash & Other Assistance:

<b><u>Department of Health &amp; Human Services:</u></b>	<a href="https://www.dhhs.gov">https://www.dhhs.gov</a>	603-332-9120
<b><u>Share Fund:</u></b>	<a href="https://www.sharefund.org">https://www.sharefund.org</a>	603-335-0011
<b><u>Welfare Offices:</u></b>		
<b>Barrington Welfare Office:</b>	<a href="https://www.barrington.nh.gov/welfare-department">https://www.barrington.nh.gov/welfare-department</a>	603-664-0154
<b>Dover Welfare Office:</b>	<a href="https://www.dover.gov">https://www.dover.gov</a>	603-516-6500
<b>Farmington Welfare Office:</b>	<a href="https://www.farmington.nh.us/welfare-department">https://www.farmington.nh.us/welfare-department</a>	603-755-3100
<b>Middleton Welfare Office:</b>	<a href="https://middletonnh.gov/publicwelfare">https://middletonnh.gov/publicwelfare</a>	603-832-1461
<b>Milton Welfare Office:</b>	<a href="https://www.miltonnh-us.com/welfare-department">https://www.miltonnh-us.com/welfare-department</a>	603-652-4501 Ext. 8
<b><u>Welfare Offices (cont.):</u></b>		
<b>New Durham Welfare Office:</b>	<a href="https://www.newdurhamnh.us/welfare">https://www.newdurhamnh.us/welfare</a>	603-859-2091
<b>Rochester Welfare Office:</b>	<a href="https://www.rochesternh.net/municipal-welfare-department">https://www.rochesternh.net/municipal-welfare-department</a>	603-332-3505
<b>Somersworth Welfare Office:</b>	<a href="https://www.somersworth.com/welfare/human%20services">https://www.somersworth.com/welfare/human services</a>	603-692-9509
<b>Strafford Welfare Office:</b>	<a href="https://www.strafford.nh.gov/index.php/social-services">https://www.strafford.nh.gov/index.php/social-services</a>	603-664-2192 Ext. 108

### Temporary Financial Assistance Programs:

<b>Community Action Partnership Of Strafford County:</b>	<a href="http://www.straffordcap.org">www.straffordcap.org</a>	603-435-2500
<b>Oyster River Womenade:</b>	<a href="https://www.orwomenade.org">https://www.orwomenade.org</a>	N/A
<b>Salvation Army-Rochester:</b>	<a href="https://nne.salvationarmy.org">https://nne.salvationarmy.org</a>	603-332-2623

**Temporary Financial Assistance Programs(cont.)**

<b>Share Fund:</b>		
Dover:	<a href="https://dovershare.org">https://dovershare.org</a>	603-617-6942
Rochester:	<a href="https://sharefund.org">https://sharefund.org</a>	603-335-0011

**Food Assistance**

**Emergency Food Assistance:**

<b><u>Community Action Partnership Of Strafford County:</u></b>	<a href="https://www.straftordcap.org">https://www.straftordcap.org</a>	603-435-2500
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<b><u>Gerry's Food Pantry:</u></b>	<a href="https://www.sharefund.org">https://www.sharefund.org</a>	603-330-3468
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<b><u>Rochester Welfare Office:</u></b>	<a href="https://www.rochester.net">https://www.rochester.net</a>	603-332-3505
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<b><u>Share Fund:</u></b>	<a href="https://www.sharefund.org">https://www.sharefund.org</a>	603-335-0011
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<b><u>Supplemental Nutrition Assistance Program (SNAP):</u></b>	<a href="https://www.dhhs.nh.gov/dfa">https://www.dhhs.nh.gov/dfa</a>	603-332-9120 800-852-3345 x9700
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<b><u>The Emergency Food Assistance Program:</u></b>	<a href="https://www.fns.usda.gov/tefap">https://www.fns.usda.gov/tefap</a>	603-435-2500
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**Community & Congregate Meals:**

<b><u>Bethany Methodist Church:</u></b>		603-332-3618
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<b><u>Emmanuel Advent Christian Church:</u></b>	<a href="http://www.emmanuelacc.net">http://www.emmanuelacc.net</a>	603-332-5355
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<b><u>First Congregational Church of Farmington:</u></b>	<a href="https://www.farmingtonhucc.org">https://www.farmingtonhucc.org</a>	603-755-4816
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<b><u>First United Methodist Church:</u></b>	<a href="http://www.firstumrochester.org">http://www.firstumrochester.org</a>	603-948-1179
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<b><u>Grace Community Church:</u></b>	<a href="https://graceplace.com">https://graceplace.com</a>	603-332-9689
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<b><u>Salvation Army Church:</u></b>	<a href="https://mne.salvationarmy.org">https://mne.salvationarmy.org</a>	603-332-2623
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## Food Assistance (cont.)

### Food Pantries:

#### Barrington:

**Barrington Community Food Pantry:** <http://www.barringtonfoodpantry.org> 603-664-0233

**Joseph's Storehouse Food Pantry:** <http://www.thejourneynh.com/josephs> 603-664-0550

#### Dover:

**Community Action Partnership of Strafford County:** <https://www.straffordcap.org> 603-435-2500

**Dover Food Pantry:** <https://www.facebook.com/DoverFoodPantry> 603-749-7827

**Parish of the Assumption:** <http://www.assumptiondovernh.org> 603-742-4837

**St. Thomas Episcopal Church:** <https://www.stdover.org> 603-742-3155

#### Durham:

**The Waysmeet Center Cornucopia Food Pantry:** <http://www.waysmeetcenter.org> 603-862-1165

**St. Thomas Moore Food Pantry:** <https://www.stmdurham.org> 603-868-2666

#### Farmington:

**CAP Outreach Food Pantry:** <https://www.straffordcap.org> 603-435-2500

**First Congregational Church Inter-Faith Food Pantry:** <https://www.farmingtonnhucc.org> 603-755-4816

**Grace Food Pantry:** <https://graceplace.com/outreach> 603-332-9689

## **Food Pantries (cont.)**

### **Lee:**

**Wilkinson Food Pantry:** <http://www.leechurch.org> 603-659-2861

### **Milton:**

**Restoration Church  
We Care Food Pantry:** <https://www.revolutionfoodpantry.com> 603-923-9456

### **New Durham:**

**New Durham Food Pantry:** [https://www.facebook.com  
NewDurhamFoodPantry/](https://www.facebook.com/NewDurhamFoodPantry/) 603-817-0372

### **Rochester:**

**Bethany United  
Methodist Church:** 603-332-3618

**Emmanuel Advent  
Christian Church:** <http://www.emmanuelacc.net> 603-332-5355

**First Church Congregational:** <https://www.first-ucc.net/outreach> 603-332-1121

**First United Methodist  
Church Soup Kitchen:** <http://www.fistumcrochester.org> 603-948-1225

**Gerry's Food Pantry:** <https://www.sharefund.org> 603-330-3468

**Grace Community Church:** <http://www.graceplace.com> 603-332-9689

**Salvation Army Food Pantry:** [https://www.salvationarmy.org/  
/rochesternh](https://www.salvationarmy.org/rochesternh) 603-332-2623

**Seventh Day Adventist Church:** <http://rochesternh.adventistchurch.org> 603-332-1177

### **Rollinsford:**

**Seeds of Faith:** <https://seedsoffaithnh.org/food-pantry> 207-703-3185

## **Food Pantries (cont.)**

### **Somersworth:**

**Community Food Pantry, Inc.** 603-692-2907

### **Strafford:**

**Third Baptist Church  
Food Pantry** [https://tbcstraffrd.weebly.com  
/christian-cupboard.html](https://tbcstraffrd.weebly.com/christian-cupboard.html) 603-664-7750

## **Other Food Assistance:**

**Community Action Partnership  
Summer Meals & Nutrition Programs:** <https://www.straffordcap.org> 603-435-2500  
Ext. 2339

**Meals on Wheels:** <https://straffordmealsonwheels.org> 603-692-4211

## **Other Food Assistance(cont.)**

**NH Catholic Charities:** <https://www.cc--nh.org> 603-332-7701

**NH Foodbank:** <https://nhfoodbank.org> 603-669-9725

**Strafford County WIC** <https://goodwinch.org/services/wic> 603-332-4358

## **Fuel Assistance**

**Catholic Charities  
New Hampshire:** <https://www.cc-nh.org> 603-332-7701

**Citizens Energy Program** [https://www.citizensenergy.com  
assistance-programs](https://www.citizensenergy.com/assistance-programs) 617-338-6300  
877-563-4645

**Community Action Partnership  
of Strafford County:** <https://www.straffordcap.org> 603-435-2500

**Community Action Partnership  
Farmington Outreach Office:** <https://www.straffordcap.org> 603-435-2500

**ShareFund:** <https://www.sharefund.org> 603-335-0011

**Town Welfare Offices:** Check with your local town office for more information.

## **Fuel Assistance (cont.)**

**Weatherization Program:** <https://www.traffordcap.org> 603-435-2500  
Ext. 2350

### **Healthcare:**

#### **Addiction & Substance Abuse:**

##### **Resources:**

**Bureau of Drug & Alcohol Services:** <https://dhhs.nhgov/dcbcs/bdas> 800-804-0909  
603-271-6738

**The Doorway:** <https://www.thedoorway.nh.gov> 211

**Substance Abuse & Mental Health Service Administration:** <https://samhsa.gov> 800-662-4357

##### **Services:**

**Bonfire Behavior Health:** <https://bonfirerecovery.com> 833-655-1032  
603-617-4815

**Frisbie Memorial Hospital:** <https://frisbiehospital.com> 603-332-5211

**Goodwin Community Health:** <https://goodwinch.org> 603-749-2346

**Groups Recover Together:** <https://joiningroups.com> 888-858-1723  
603-331-4804

**Growing Harmony Services, LLC:** <https://www.lindatremlaytherapy.com> 603-661-7345

**Health Care Resource Centers:** <https://www.hcrcenters.com> 866-758-7769  
603-953-0077

**Hope on Haven Hill:** <https://www.hopeonhavenhill.org> 603-841-5353

**ROAD to a Better Life:** <https://roadtoabetterlifenh.com> 603-841-2301

**RTT Associates, LLC:** <http://rttassociatesllc.com> 603-545-9042

## **Addiction & Substance Abuse (cont.)**

**SOS Recovery Community Center:** <https://www.sosrco.org> 603-841-2350

**Southeastern NH Alcohol And Drug Abuse Services:** <https://senhs.org> 603-516-8160

**Triangle Club:** <https://www.triangleclubdover.org> 603-742-9803

**Wentworth Douglas Hospital:** <https://www.wdhospital.org> 603-742-5252

**White Birch Recovery Services:** <https://whitebirchrecovery.com> 603-200-3035

## **Dental Services:**

**Goodwin Community Health The Dental Center:** <https://goodwinch.org> 603-749-2346

**Wentworth Douglas Community Dental Center:** <https://www.wdhospital.org/specialty-care/dentalcare> 603-749-3013

## **Disability Services:**

**Community Partners: Developmental Services** <https://www.communitypartnersnh.org> 800-454-0630  
603-516-9300

**Community Services Council of NH-Developmental Disability Services:** <https://www.nhcdd.nh.gov> 603-271-3236

**Department of Health & Human Services:** <https://www.dhhs.nh.gov/dcbcs/bds> 800-852-3345  
Ext. 5034

**Disabilities Rights Center:** <https://drnch.org> 800-834-1721  
603-228-0432

**Dover Center for Health & Rehabilitation Center** <https://www.dovercenterrehab.com> 603-742-2676

**Great Bay Services** <https://www.greatbayservices.org> 603-842-5334



## **Healthcare (cont.)**

### **Family Care Medical Practices:**

**Families First:** <https://www.FamiliesFirstSeacoast.org> 603-422-8208

**Goodwin Community Health:** <https://www.goodwinch.org> 603-749-2346

### **Hearing Impaired Services:**

**Hearing Loss Association  
Of America:** <https://www.hearingloss.org> 603-657-2248

**New Hampshire Association  
Of the Deaf:** <https://www.nhadinc.org> 888-762-8191  
603-821-0073

**New Hampshire Hands  
And Voices:** <https://nhhandsandvoices.com> 617-744-9338

**New Hampshire Speech  
Language-Hearing Association:** <https://www.nhslha.org> 603-228-5949

**Northeast Deaf & Hard of  
Hearing Services:** <https://www.ndhns.org> 603-224-1850

### **Healthcare for the Homeless:**

**Mobile Health Van:** <https://www.familiesfirstseacoast.org> 888-922-0005

### **Mental Health Agencies:**

**Catholic Charities of NH:** <https://www.cc-nh.org> 603-332-7701

**Community Partners:** <https://communitypartnersnh.org> 800-454-0630  
603-516-9300

**Department of Health  
& Human Services:** <https://www.dhhs.nh.gov> 800-852-3345  
[dcbcs/bbh](https://dcbcs/bbh) 603-271-5000

**Family Pastoral Counseling  
Service:** Congregational Church 603-335-1066  
2 Liberty Street-Rochester, NH

**Mill House Counseling Center:** <https://www.millhousecounseling.com> 603-742-1373

## Healthcare (cont.)

<b>National Alliance on Mental Illness NH(NAMINH):</b>	<a href="https://www.naminh.org">https://www.naminh.org</a>	800-242-6264 603-225-5359
<b>Salmon Falls Behavioral Health:</b>	<a href="https://www.salmonfallsbehavioralhealth.com">https://www.salmonfallsbehavioralhealth.com</a>	603-335-2444
<b><u>Miscellaneous Resources:</u></b>		
<b>American Cancer Society:</b>	<a href="https://www.cancer.org">https://www.cancer.org</a>	800-640-7101
<b>American Diabetes Association:</b>	<a href="https://www.diabetes.org">https://www.diabetes.org</a>	603-627-9579
<b>American Heart Association:</b>	<a href="https://www.americanheart.org">https://www.americanheart.org</a>	603-669-5833
<b>American Lung Association:</b>	<a href="https://www.lung.org">https://www.lung.org</a>	800-586-4872
<b>American Red Cross:</b>	<a href="https://www.redcrossblood.org">https://www.redcrossblood.org</a>	800-464-6692
<b>Arthritis Foundation:</b>	<a href="https://www.arthritis.org">https://www.arthritis.org</a>	800-639-2113 603-224-9322
<b>Center for Disease Control:</b>	<a href="https://www.cdc.gov">https://www.cdc.gov</a>	800-232-4636
<b>Department of Health Human Services:</b>	<a href="https://www.dhhs.nh.gov">https://www.dhhs.nh.gov</a>	800-862-5300 603-332-9120
<b>Families First:</b>	<a href="https://www.familiesfirstseacoast.org">https://www.familiesfirstseacoast.org</a>	603-422-8208
<b>Homemakers Health Services:</b>	<a href="https://www.thehomemakers.org">https://www.thehomemakers.org</a>	800-660-1770 603-335-1770
<b>Make a Wish Foundation:</b>	<a href="https://wish.org/nh">https://wish.org/nh</a>	603-623-9474
<b>March of Dimes Foundation:</b>	<a href="https://www.marchofdimes.org">https://www.marchofdimes.org</a>	800-287-0317 603-287-0317
<b>Muscular Dystrophy Association:</b>	<a href="https://www.mda.org">https://www.mda.org</a>	800-572-1717 603-695-2940
<b>National Institute of Allergy</b>	<a href="https://www.niaid.nih.gov">https://www.niaid.nih.gov</a>	866-284-4107
<b>Northern New England Poison Center</b>	<a href="https://www.nnepc.org">https://www.nnepc.org</a>	800-222-1222
<b>Rochester District Visiting Nurse Association</b>	<a href="https://www.yourvna.org">https://www.yourvna.org</a>	603-332-1133
<b>Strafford County Public Health Network:</b>	<a href="https://www.scphn.org">https://www.scphn.org</a>	603-994-6357

## **Healthcare (cont.)**

**Special Medical Services Bureau:** <https://www.dhhs.nh.gov/dcbcs/bds/sms> 603-271-4488

### **Prescription Assistance Programs:**

**Department of Health & Human Services:** <https://www.dhhs.nh.gov/ombp/pharmacy> 800-852-3345  
Ext. 9700

**Families First** <https://www.familiesfirstseacoast.org> 603-332-9120  
603-422-8209

**Frisbie Memorial Hospital Medication Assistance Program:** <https://frisbiehospital.com> 603-332-5211

**Goodwin Community Health Center:** <https://www.goodwinch.org> 603-749-1246

**NH Medication Bridge Program:** <https://www.healthnh.org> 603-225-0900

**NH Partnership for Prescription Assistance:** <https://www.pparxnh.org> 888-477-2669

**RX Assist:** <https://www.rxassist.org> 401-729-3284

**RX Outreach:** <https://www.rxoutreach.org> 888-796-1234

### **Prescription Assistance Discount Cards:**

**FamilyWize:** <https://familywize.org> 844-234-3057

**Good RX:** <https://www.goodrx.com> 855-268-2822

**Inside RX:** <https://www.insiderx.com> 800-722-8979

**NeedyMeds, Inc.:** <https://www.needymeds.org> 800-503-6897

**NH RX Card:** <https://nhrxcard.com> 800-931-5042

**RX Relief Card:** <https://rxreleifcard.com> 855-776-0760

**ScriptSave Well RX:** <https://www.wellrx.com> 800-407-8156

## Healthcare (cont.)

### Prescription Assistance Programs (cont.):

SingleCare:	<a href="https://www.singlecare.com">https://www.singlecare.com</a>	844-234-3057
Together RX Access, LLC:	<a href="http://trxaccess.org">http://trxaccess.org</a>	800-444-4106

### Pharmacy Discount Programs:

Hannaford:	<a href="https://www.hannaford.com">https://www.hannaford.com</a>	603-332-9401
Walmart:	<a href="https://www.walmart.com">https://www.walmart.com</a>	603-332-5540

### Vision/Sight Services:

All About Vision:	<a href="https://www.allaboutvision.com">https://www.allaboutvision.com</a>	307-265-2133
Bureau of Services for the Blind And Visually Impaired:	<a href="https://www.education.nh.gov">https://www.education.nh.gov</a>	603-271-3537
Future Insight:	<a href="https://futureinsight.org">https://futureinsight.org</a>	800-464-3075
NH Association for the Blind:		603-431-9401

## Homeless Services:

### Case/Care Management:

Community Partners:	<a href="https://www.communitypartnersnh.org">https://www.communitypartnersnh.org</a>	603-516-9300
NH Catholic Charities:	<a href="https://www-cc-nh.org/programs/outreach">https://www-cc-nh.org/programs/outreach</a>	603-332-7701

### Homeless Emergency Services:

Community Action Partnership Homeless Services:	<a href="https://www.straftordcap.org">https://www.straftordcap.org</a>	603-534-0731 <b>Outreach</b> 603-534-1813 <b>Prevention</b>
DHHS-Bureau of Homeless:	<a href="https://www.dhhs.nh.gov/dcbcs/bhhs">https://www.dhhs.nh.gov/dcbcs/bhhs</a>	800-852-3345 Ext. 9196 603-271-9196
Friends Program:	<a href="https://friendsprogram.org">https://friendsprogram.org</a>	603-228-1462
Homeless Center for Strafford County:	<a href="https://www.homelesscenterforstraffco.org">https://www.homelesscenterforstraffco.org</a>	603-332-3065

## **Homeless Services (cont.)**

<b>My Friend's Place:</b>	<a href="https://www.myfriendsplacenh.org">https://www.myfriendsplacenh.org</a>	603-749-3017
<b>NH Homeless Help:</b>		603-641-9441 Ext. 251
<b>Share Fund:</b>	<a href="https://www.sharefund.org">https://www.sharefund.org</a>	603-332-0011
<b>The Homeless &amp; Homeless Veterans Hotline:</b>		211 866-444-4211

### **Homeless Shelters:**

<b>Cross Roads House:</b>	<a href="https://www.crossroadshouse.org">https://www.crossroadshouse.org</a>	603-436-2218
<b>Homeless Center of Strafford County:</b>	<a href="https://www.homelesscenterforstraffco.org">https://www.homelesscenterforstraffco.org</a>	603-332-3065
<b>My Friend's Place:</b>	<a href="https://www.myfriendsplacenh.org">https://www.myfriendsplacenh.org</a>	603-749-3017
<b>New Generation:</b>	<a href="https://www.newgennh.org">https://www.newgennh.org</a>	603-436-4989
<b>Strafford County Extreme Weather Warming Center:</b>	<a href="https://www.dovernh.gov/services//warming-and-cooling-centers">https://www.dovernh.gov/services //warming-and-cooling-centers</a>	603-742-2709

### **Transitional Housing:**

<b>Families in Transition:</b>	<a href="https://www.housingbenefitsnh.org/dover">https://www.housingbenefitsnh.org/dover</a>	603-641-9441 Ext. 257
<b>Home for Now:</b>	<a href="https://www.homelesscenterforstraffco.org">https://www.homelesscenterforstraffco.org</a>	603-332-3065
<b>Lydia's House of Hope:</b>	<a href="https://lydiashousenh.org">https://lydiashousenh.org</a>	603-629-3100
<b>My Friend's Place:</b>	<a href="https://www.myfriendsplacenh.org">https://www.myfriendsplacenh.org</a>	603-749-3017
<b>New Generation:</b>	<a href="https://www.newgennh.org">https://www.newgennh.org</a>	603-436-4989
<b>Waypoint:</b>	<a href="https://www.waypointnh.org">https://www.waypointnh.org</a>	800-640-6486 603-518-4000

## Housing Authorities

<b>NH Housing Finance Authority:</b>	<a href="https://www.nhhfa.org">https://www.nhhfa.org</a>	800-640-7239 603-472-8623
<b>Berlin Housing Authority:</b>	<a href="https://www.berlinnh.gov/housing">https://www.berlinnh.gov/housing</a>	603-752-4240 603-788-4636
<b>Claremont Housing Authority:</b>	<a href="https://www.claremonthha.org">https://www.claremonthha.org</a>	603-542-6411
<b>Concord Housing Authority:</b>	<a href="http://www.concordha.com">http://www.concordha.com</a>	603-224-4059
<b>Derry Housing Authority:</b>	<a href="https://www.derrynh.org">https://www.derrynh.org</a>	603-434-8717
<b>Dover Housing Authority:</b>	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
<b>Exeter Housing Authority:</b>	<a href="https://www.exeternh.gov/bcc-eha">https://www.exeternh.gov/bcc-eha</a>	603-778-8110
<b>Keene Housing Authority:</b>	<a href="https://www.keenhousing.org">https://www.keenhousing.org</a>	603-352-6161
<b>Laconia Housing Authority:</b>	<a href="https://www.laconiahousing.org">https://www.laconiahousing.org</a>	603-524-2112
<b>Lebanon Housing Authority:</b>	<a href="https://www.lebanonhousing.org">https://www.lebanonhousing.org</a>	603-298-5753
<b>Manchester Housing Authority:</b>	<a href="https://www.manchesterhousing.org">https://www.manchesterhousing.org</a>	603-624-2100
<b>Nashua Housing Authority:</b>	<a href="https://www.nashuanh.gov">https://www.nashuanh.gov</a>	603-883-5661
<b>Newmarket Housing Authority:</b>	<a href="https://www.newmarketha.org">https://www.newmarketha.org</a>	603-659-5444
<b>Portsmouth Housing Authority:</b>	<a href="https://www.porthousing.org">https://www.porthousing.org</a>	603-436-4310
<b>Rochester Housing Authority:</b>	<a href="https://www.rhanh.org">https://www.rhanh.org</a>	603-332-4126
<b>Salem Housing Authority:</b>	<a href="https://www.salemhanh.org">https://www.salemhanh.org</a>	603-893-6417
<b>Somersworth Housing Authority:</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864

## Housing

### Affordable Housing:

#### AGE RESTRICTED:

##### Dover:

Coheco Park	<a href="https://www.cohecopark-aps.com">https://www.cohecopark-aps.com</a>	603-742-1325
Covered Bridge Manor	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
Edgar W. Bois Terrace	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
Mast Landing – A	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163
Mast Landing – B	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163
Niles Park	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
St. John’s Church	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
Union Court & Central Tower	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
Waldron Towers	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804

##### Durham:

Bagdad Wood	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163
Church Hill Apartments	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163

##### Farmington:

Central Block	<a href="https://phoenixmanagementcompany.com">https://phoenixmanagementcompany.com</a>	866-701-3904
Orchard Circle	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163

**AGE RESTRICTED (cont.)**

**Rochester:**

<b>Arthur H. Nickless Jr. Housing for the Elderly</b>	<a href="https://www.rhanh.org">https://www.rhanh.org</a>	603-332-4126
<b>Chaplin Adrien Chase Village</b>	<a href="https://www.snhs.org">https://www.snhs.org</a>	603-668-8010
<b>Laurel Terrace</b>	<a href="https://www.snhs.org">https://www.snhs.org</a>	603-668-8010
<b>Marsh View</b>	<a href="https://www.rhanh.org">https://www.rhanh.org</a>	603-332-4126
<b>Mayor Roland Roberg Manor</b>	<a href="https://www.snhs.org">https://www.snhs.org</a>	603-668-8010
<b>Rochester East</b>	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163
<b>Wellsweep Acres</b>	<a href="https://www.rhanh.org">https://www.rhanh.org</a>	603-332-4126
<b>Wyandotte Falls</b>	<a href="https://www.rhanh.org">https://www.rhanh.org</a>	603-332-4126

**Somersworth:**

<b>Albert Nadeau Homes</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864
<b>Maple Senior Housing</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864
<b>Parkview Terrace</b>	<a href="https://www.allrealestatenh.com">https://www.allrealestatenh.com</a>	603-749-7100
<b>Preservation Park</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864
<b>Queensbury Mill</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864

**GENERAL OCCUPANCY:**

**Dover:**

<b>Addison Place</b>	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
<b>Bellamy Mills</b>	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163
<b>Bradley Commons</b>	<a href="https://www.alliancenh.com">https://www.alliancenh.com</a>	603-516-0590
<b>Rutland Manor</b>	<a href="http://www.madisonmanagementinfo.com">http://www.madisonmanagementinfo.com</a>	603-888-6100



## **GENERAL OCCUPANCY (cont.)**

### **Dover (cont.):**

<b>Westgate Village</b>	<a href="http://skcompanies.com">http://skcompanies.com</a>	603-878-2400
<b>Whittier Falls Housing</b>	<a href="https://www.doverhousingauthority.org">https://www.doverhousingauthority.org</a>	603-742-5804
<b>Woodbury Mill</b>	<a href="https://www.alliancenh.com">https://www.alliancenh.com</a>	603-516-0590

### **Farmington:**

<b>13 Central Street</b>	<a href="https://www.avestahousing.org">https://www.avestahousing.org</a>	800-339-6516
<b>Crowley Apartments</b>	<a href="https://www.avestahousing.org">https://www.avestahousing.org</a>	800-339-6516
<b>Mad River</b>	<a href="https://www.alliancenh.com">https://www.alliancenh.com</a>	603-516-0590
<b>Trotting Park</b>	<a href="http://eastpointproperties.net">http://eastpointproperties.net</a>	603-836-5680

### **Rochester:**

<b>Apple Ridge</b>	<a href="https://www.hodgescompanies.com">https://www.hodgescompanies.com</a>	603-224-9221
<b>Brookside Place</b>	<a href="https://www.stewartproperty.net">https://www.stewartproperty.net</a>	603-641-2163
<b>Cold Spring Manor</b>	<a href="https://www.rhanh.org">https://www.rhanh.org</a>	603-332-4126
<b>Linscott Court</b>	<a href="https://www.rhanh.org">https://www.rhanh.org</a>	603-332-4126
<b>Salmon Falls Estates</b>	<a href="https://www.presmgmt.com">https://www.presmgmt.com</a>	207-774-6989

### **Rollinsford:**

<b>New Hope</b>	<a href="https://www.alliancenh.com">https://www.alliancenh.com</a>	603-516-0590
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## **GENERAL OCCUPANCY (cont.)**

### **Somersworth:**

<b>Charpentier Apartments</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864
<b>Cherryfield Village</b>		603-692-3978
<b>Crockett's Crossing Apartments</b>	<a href="https://www.highlandfarmny.com">https://www.highlandfarmny.com</a>	603-692-0770
<b>Robert H. Fillion Terrace</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864
<b>Smokey Hollow Common</b>	<a href="https://www.somersworthhousing.org">https://www.somersworthhousing.org</a>	603-692-2864

### **TRANSITIONAL HOUSING:**

<b>Rochester Transitional Housing</b>	<a href="https://www.alliancenh.com">https://www.alliancenh.com</a>	603-516-0590
<b>Seacoast Transitional Living</b>	<a href="https://waypoint.org">https://waypoint.org</a>	603-518-4000

The project is for homeless young adults who do not have personal resources and are not eligible beyond the age of 18 for any state or federal programs. Units are single room occupancy.

### **RENT & SECURITY DEPOSIT ASSISTANCE:**

<b>Community Action Partnership of Strafford County</b>	<a href="https://www.straftordcap.org">https://www.straftordcap.org</a>	603-435-2500 Ext. 8148
<b>Share Fund</b>	<a href="https://www.sharefund.org">https://www.sharefund.org</a>	603-335-0011
<b>Local Welfare Offices</b>	<b>See WELFARE OFFICES</b>	

### **RESOURCES:**

<b>NH Housing Finance Authority</b>	<a href="https://www.nhhfa.org">https://www.nhhfa.org</a>	603-472-8623 800-649-7239
<b>US Department of Housing &amp; Urban Development (HUD)</b>	<a href="https://www.hud.gov/newhampshire">https://www.hud.gov/newhampshire</a>	603-666-7510 800-955-2232
<b>USDA Rural Development</b>	<a href="https://www.rd.usda.gov/nh">https://www.rd.usda.gov/nh</a>	603-223-6035

## PROOF OF IDENTIFICATION

**NH Department of State** <https://www.sos.nh.gov> 603-271-4650  
Vital Records: Birth, Death, Marriage, Divorce Certificates

**NH Division of Motor Vehicles** <https://dmv.nh.gov> 603-227-4000  
Driver's License; Non-Driver Identification

**Social Security Administration** <https://www.ssa.gov> 800-772-1213  
Original or Replacement Social Security Card

### LEGAL ASSISTANCE

**603 Legal Aid** <https://www.nhlegalaid.org> 800-639-5290

**The Bazelon Center  
for Mental Health Law:** <http://www.bazelon.org> 202-467-5730

**DHHS-Office of  
Operations Support** <https://www.dhhs.nh.gov/oos/legal.htm> 800-852-3345  
Ext. 9226

**Disability Rights Center NH** <https://www.drcnh.org> 603-271-9226  
603-228-0432

**The DOVE Project** Provides free legal representation for qualifying survivors of domestic violence at final restraining order hearings. 866-644-3574  
Domestic Violence Hotline  
800-277-5570  
Sexual Assault Hotline

**Lawline** <https://nhfreelegalanswers.org> 800-868-1212  
Volunteer lawyers provide free legal information over the phone on the second Wednesday of each month only.

**NH Bar Association** <https://www.nhbar.org> 603-224-6942  
Provides legal information and referrals to attorneys statewide.

**NH Bar Association  
Pro-Bono Referral Program** <https://www.nhbar.org> 603-224-5387

**NH Legal Aid** <https://www.nhlegailaid.org> 800-639-5290

**NH Legal Assistance (NHLA)** <https://www.nhla.org> 800-562-3174

**NH Legal Assistance's  
Housing Justice Project** <https://www.nhla.org/legal/housing> 800-921-1115

**NH Legal Assistance's  
Senior Citizen's Law Project** <https://www.nhla.org/legal/seniors> 888-353-9944

**Strafford County Family  
Justice Center** <https://scfjc.com> 603-509-1916

**UNH Franklin Pierce  
School of Law Clinics** <https://www.law.unh.edu/academics/clinics/legal-services-public> 603-228-1541

## **MISCELLANEOUS RESOURCES:**

<b>Find Help.Org</b>	<a href="https://www.findhelp.org">https://www.findhelp.org</a>	N/A
Find financial assistance, food pantries, medical care, and other free or reduced-cost help in your area.		
<b>Internal Revenue Service (IRS)</b>	<a href="https://www.irs.gov">https://www.irs.gov</a>	844-545-5640 603-430-9598
<b>NAMI NH</b>	<a href="https://naminh.org">https://naminh.org</a>	800-242-6264 603-225-5359
Provides an Information and Resource Line and website at no cost to callers and connects them with the appropriate services and supports to meet their mental, physical and emotional needs.		
<b>NH 2-1-1</b>	<a href="https://www.211nh.org">https://www.211nh.org</a>	866-444-4211
Connects callers at no cost, to information about critical health and human services available in their community.		
<b>NH Family Voices</b>	<a href="https://nhfv.org">https://nhfv.org</a>	800-852-3345 603-271-4525
Connects families with one another and provides families and professionals information to secure and utilize needed services for children and you.		
<b>NH ServiceLink Community Resource</b>	<a href="https://www.servicelink.nh.gov">https://www.servicelink.nh.gov</a>	866-634-9412 603-332-7398
<b>US General Service Information</b>	<a href="https://www.gsa.gov">https://www.gsa.gov</a>	800-333-4636
Provides information and telephone numbers for agencies that provide services such as: heating assistance; prescription help; savings programs; nutrition; financial; legal; housing; social security; transportation; tax relief; and employment.		

## **PET SERVICES**

<b>Animal Population Control Program-NH Dept. of Agriculture</b>	<a href="https://www.agribulture.nh.gov/divisions/animal-industry">https://www.agribulture.nh.gov/ divisions/animal-industry</a>	603-271-3697
Provides financial assistance for low-income pet owners.		
<b>Elderpet</b>	<a href="https://elderpet.org">https://elderpet.org</a>	603-767-6856
To facilitate the important human/pet relationships of senior citizens, people with disabilities, hospice families and clients of health care and other facilities.		
<b>New Hampshire SPCA</b>	<a href="https://nhspca.org">https://nhspca.org</a>	603-772-2921
To save the lives of companion animals through rescue, rehabilitation, and adoption; to promote learning, eliminate animal cruelty and be a leader in advancing the highest standards of animal welfare. Our Guiding Principles direct us to act in the best interest of the animals and to strengthen the human-animal bond		
<b>Pope memorial Humane Society</b>	<a href="https://popememorialevhs.org">https://popememorialevhs.org</a>	603-749-5322
Dedicated to promoting the humane treatment of animals in Strafford County, NH and Southern Maine.		
<b>The Pet Fund</b>	<a href="https://www.thepetfund.com">https://www.thepetfund.com</a>	916-443-6007
Provides financial assistance to owners of domestic animals who need veterinary care.		

## THRIFT SHOPS

### Barrington:

**Journey Home Thrift Shop**      <http://www.journeyhomethrift.org>      603-664-8060

**New & Again Thrift Store**      <https://www.facebook.com/newagainNH>      603-905-9032

### Dover:

**First Thrift Shop**      <https://www.firstparishdover.org>      603-742-5664

### Durham:

**Echo Thrift Shop**      <https://www.echothriftshop.org>      603-868-3246

### Farmington:

**Blessed Bargains**      <https://www.framingtonnhucc.org>      603-755-4816

### Newington:

**Savers**      <https://www.stores.savers.com/nh>      603-427-0814

### Portsmouth:

**Operation Blessing**      <https://www.operationblessingsnh.org>      603-430-8561

### Rochester:

**Community Clothing Shop**      <https://www.sharefund.org>      603-335-0011

**Salvation Army**      [https://www.nne.salvationarmy.org/  
rochester-nh](https://www.nne.salvationarmy.org/rochester-nh)      603-332-2623

**Trinity Anglican Church**      <https://www.trinity-anglicanchurch.org>      603-332-1376

### Somersworth:

**CERV**      <https://www.cerv-thrift-store.business.site.com>      603-516-2378

**Goodwill**      <https://www.goodwillnne.org>      603-343-5560

**Honeybee Thrift Shop**      <https://www.honeybeethriftshop.com>      603-923-0099

## **TRANSPORTATION**

<b>Alliance for Community Transportation (ACT)</b>	<a href="https://communityrides.org">https://communityrides.org</a>	603-834-6010
<b>Community Action Partnership of Strafford County Senior Transportation</b>	<a href="https://www.straffordcap.org">https://www.straffordcap.org</a>	603-817-8207
<b>Cooperative Alliance for Seacoast Transportation (COAST)</b>	<a href="https://coastbus.org">https://coastbus.org</a>	603-743-5777
<b>Rideshare</b>	<a href="https://www.nh.gov/dot/programs/rideshare">https://www.nh.gov/dot/programs/rideshare</a>	N/A

### **Vehicle Assistance:**

<b>800 Charity Cars</b>	<a href="https://.800charitycars.org">https://.800charitycars.org</a>	800-242-7489
<b>Free Charity Cars</b>	<a href="https://freecharitycars.org">https://freecharitycars.org</a>	800-242-7489
<b>Good News Garage</b>	<a href="https://goodnewsgarage.org">https://goodnewsgarage.org</a>	603-669-6937 877-400-6065

## **UTILITY ASSISTANCE:**

### **Electric Assistance:**

<b>Community Action Partnership of Strafford County</b>	<a href="https://straffordcap.org">https://straffordcap.org</a>	603-435-2500
<b>Catholic Charities NH</b>	<a href="https://www.cc-nh.org/programs/outreach">https://www.cc-nh.org/programs/outreach</a>	603-332-7701
<b>Electric Assistance Program NH Department of Energy</b>	<a href="https://www.puc.nh.gov/consumer/electricalassistance">https://www.puc.nh.gov/consumer/electricalassistance</a>	603-271-3670
<b>ENH Power:</b>	<a href="https://www.providerpower.com">https://www.providerpower.com</a>	800-549-6160
<b>Local Welfare Offices</b>	<b>See Welfare Offices</b>	
<b>Low Income Home Energy Assistance Program (LIHEAP)</b>	<a href="https://www.acf.hhs.gov/ocs/low-income-home-energy-assistance-program-liheap">https://www.acf.hhs.gov/ocs/low-income-home-energy-assistance-program-liheap</a>	866-674-6327 603-271-8317
<b>Neighbor Helping Neighbor</b>	<a href="https://www.nhnfund.org">https://www.nhnfund.org</a>	603-352-7512
<b>NH Electric Co-op</b>	<a href="https://www.nhec.com">https://www.nhec.com</a>	800-698-2007
<b>Share Fund</b>	<a href="https://www.sharefund.org">https://www.sharefund.org</a>	603-335-0011

## **UTILITY ASSISTANCE (cont.)**

### **Internet Services:**

<b>Affordable Connectivity Program</b>	<a href="https://fcc.gov/acp">https://fcc.gov/acp</a>	877-384-2575
<b>Breezline ACP</b>	<a href="https://www.breezeline.com/acp">https://www.breezeline.com/acp</a>	855-227-2134
<b>Comcast Internet Essentials Program</b>	<a href="https://www.internetessentials.com">https://www.internetessentials.com</a>	855-846-8376
<b>Spectrum</b>	<a href="https://spectrum.com">https://spectrum.com</a>	877-958-7103
<b>Xfinity</b>	<a href="https://www.xfinity.com/learn/internet-service/ebb">https://www.xfinity.com/learn/internet-service/ebb</a>	855-870-1311

### **Telephone Services:**

<b>Consolidated Communications NH Residential Basic Service</b>	<a href="https://www.consolidated.com">https://www.consolidated.com</a>	844-968-7224
<b>FCC Universal Service Program</b>	<a href="https://www.fcc.gov/general/universal/Service-low-income-consumers">https://www.fcc.gov/general/universal/Service-low-income-consumers</a>	888-225-5322
<b>Lifeline Telephone Assistance Program</b>	<a href="https://www.lifelinesupport.org">https://www.lifelinesupport.org</a>	800-234-9473

## **VETERAN'S SERVICES**

<b>Care Coordination Program-NH</b>	<a href="https://www.ccpnh.com">https://www.ccpnh.com</a>	888-989-9924
<b>Department of Military Affairs &amp; Veteran Services Division of Veterans Services</b>	<a href="https://www.dmavs.nh.gov/veterans-services">https://www.dmavs.nh.gov/veterans-services</a>	800-622-9230 603-624-9230
<b>Easter Seals Military &amp; Veterans Services</b>	<a href="https://www.easterseals.com">https://www.easterseals.com</a>	603-315-4354
<b>NH Veterans Home</b>	<a href="https://www.nh.gov/veterans">https://www.nh.gov/veterans</a>	603-527-4400
<b>Rochester American Legion</b>	<a href="https://www.rochesteramericanlegion.com">https://www.rochesteramericanlegion.com</a>	603-332-2024

## **VETERAN'S SERVICES (cont.)**

<b>Rochester Veteran's Council</b> Kent Nolan	<a href="https://www.rochesterveteranscouncil.com">https://www.rochesterveteranscouncil.com</a>	603-486-8203
<b>US Dept. of Veteran Affairs Veterans Benefits Administration</b>	<a href="https://www.benefits.va.gov/benefits">https://www.benefits.va.gov/benefits</a>	800-827-1000
<b>VA Aid &amp; Attendance Benefit</b>	<a href="https://www.veteransaid.org">https://www.veteransaid.org</a>	866-584-7191
<b>VA Health Resource Center</b>	<a href="https://www.va.gov/healthresourcecenter">https://www.va.gov/healthresourcecenter</a>	866-400-1238
<b>VA Medical Center</b>	<a href="https://www.va.gov/manchester-health-care">https://www.va.gov/manchester-health-care</a>	603-624-4366
<b>Veteran's Benefits Resource Center</b>	<a href="https://www.nvf.org/veterans-benefits-resource-center">https://www.nvf.org/veterans-benefits-resource-center</a>	N/A
<b>Veteran's Inc.</b>	<a href="https://www.veteransinc.org">https://www.veteransinc.org</a>	800-842-2565

## **WOMEN'S SERVICES**

<b>Avis Goodwin Health Center</b>	<a href="https://goodwinch.org">https://goodwinch.org</a>	603-749-2346
<b>New Generation</b>	<a href="https://www.newgen.org">https://www.newgen.org</a>	603-436-4989
<b>Options for Women</b>	<a href="https://www.optionsnh.org">https://www.optionsnh.org</a>	603-749-4441
<b>Seacoast Birthright, Inc.</b>	<a href="https://birthright.org">https://birthright.org</a>	603-436-5558 <b>Hotline:</b> 800-550-4900
<b>WIC Program-Women, Infants</b>	<a href="https://www.wicprograms.org">https://www.wicprograms.org</a>	603-332-4358









